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“THE MIDDLE EASTERN EFFECT ON CREATING A BALANCE LIFE BY THE PSYCHOLOGY OF ART”

Art is one of important means to develop creativity and establishment of inner innovative forces if reinforced appropriately many mental problems of human beings could be resolved. Psychology is the science studies human behaviors such as fear, motivation to depression, mental and psychological disorders. However, art works to give sense and value to concepts humans touch them and feel them

The Middle East is a modern term used to describe the area covering 16 countries and states in northeastern Africa and southwestern Asia.

The Middle East is the most ancient region of human civilization. Around 10,000 BC farming first developed in the area referred to as the Fertile Crescent (the area of land arching from the Persian Gulf over the watersheds of the Tigris and Euphrates River in Iraq through the eastern coast of the Mediterranean into Egypt.)

The Middle East is a [region](#) that roughly encompasses a majority of [Western Asia](#) (excluding the [Caucasus](#)) and [Egypt](#). The term is used as a synonym for [Near East](#), in opposition to [Far East](#). The corresponding adjective is Middle-Eastern and the derived noun is Middle-Easterner. The largest ethnic group in the Middle East are [Arabs](#),^[1] [Persians](#) and [Turks](#), with [Kurds](#), [Azeris](#), [Copts](#), [Jews](#), [Assyrians](#), [Maronites](#), [Circassians](#), [Somalis](#), [Armenians](#), [Druze](#) and numerous additional minor ethnic groups forming other significant populations.

The [history of the Middle East](#) dates back to ancient times, and throughout its history, the Middle East has been a major center of world affairs. When discussing [its ancient history](#), however, the term Near East is more commonly used. The Middle East is also the historical origin of major religions and includes a vast range of influences from various cultures and religions such as Balinese art, Buddhist art, Cambodian art, Chinese art, Indian art, Indonesian art, Laotian art, Thai art, Tibetan art, Japanese art and Islamic art

This lecture will describe Middle Eastern effects an creating a balance life by the psychology of art and is consider for people who interested in enriching their knowledge in History of Art and psychology of art with firsthand knowledge about the Middle East based on The Relationship between Art and Psychology in its artistic traditions, as a means for treatment of psychological problems. The interceding relationship between psychologies an art is in Perception and sense it gives to every day's happenings and phenomena. This giving meaning in art is observable through creation of art masterpieces and in psychology could be evident unconsciously in individual's personality.

Psychology in word means understanding the soul or mind since soul or mind may not be perceived directly, to solve this problem psychology considers a special subject (behavior) can be studied objectively. Learning, memory, feeling and perception. Generally speaking, psychology is the study of objective behaviors of live beings scientifically in relation to the environment and evaluation of the reasons and quality of these behaviors.

According to present art results, holds a very close relationship with men's soul. This relation and impact have developed up to the point that how history and religious could influence artist. Psychology of art speaks about understanding and characteristics of art and artworks established. Specifically, structural and environmental .